



### TESTIMONIALS: LINDA:

The main things she has noticed is more energy, less stiffness, less knee pain and she doesn't have difficulty going up stairs any more. She finds she is sleeping better too. Linda's granddaughter who suffers from severe Asthma and ADHD says she feels like doing something, is more energized and thrilled with her WBV results too.

**LADINE:** Says she cannot rest at night unless she uses her WBV machine just before going to bed.

**ROBERT:** Says his wife sleeps much better thanks to their WBV machine.

**AMY:** Says she would have trouble sleeping 4 nights out of the week. Now all she needs to do is get on the machine for 5-6 minutes on a higher speed just before going to bed – it relaxes her and she sleeps like a rock all night long.

**ALICE:** Says she loves her machine! It really helps her sleep better, it helps keep up her stamina and she has more energy during the day.

Insomnia is difficulty in sleeping, sleep interruption or early awakening. Chronic insomnia can affect balance, weakens the immune system and lessens disease resistance.

WBV enhances the functions of the whole viscera, strengthens blood and oxygen supply for the hypothalamus and brain stem, thus making sleeping more regular and comfortable.

Try using WBV for 10 minutes before you go to bed. Try several positions including, standing, and lying of the floor with your legs on the machine.

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